

SPA MENU

BODY MASSAGE AND BODY TREATMENT

Every treatment begins with a glass of Lemon & Lemongrass Ice Tea and a Foot Bath

INDIAN HEAD massage

30 min | IDR 450.000

This relaxing holistic treatment uses warm coconut oil combined with a acupressure massage on the head, neck, shoulder & face. This treatment is particularly for alleviating stress, tension, fatigue, insomnia and headaches.

TRADITIONAL massage

60 min | IDR 700.000

Influenced by the healing rituals of Balinese culture, our Traditional massage combines stretching, acupressure and Swedish massage techniques. The aim of this therapy is to relieve tension and improve blood circulation

FOOT treatment

60 min | IDR 700.000

Begins with a foot bath ritual and foot scrub to exfoliate, followed by an acupressure point massage to reflex point's on the feet. This soothing treatment release's blocked area's throughout the body whilst refreshing and improving blood circulation

AROMATHERAPY massage

60 min | IDR 850.000

Combination of long stroke lomi-lomi and Balinese massage with a choice of aromatherapy oil:

- Relaxation : blend of Clary Sage, Lavender and Geranium
- Revitalizing : blend of Lemon, Basil and Peppermint
- Detoxification : blend of Ginger, Tangerine and Lime
- Sensuous : blend of Rose Geranium, Ylang-ylang and Sandalwood

HEALING HOT STONE massage

60 min | IDR 900.000

The healing power of touch comes together with the energy of the earth, in this relaxing muscle melting massage. Specially selected **volcanic stones** are used to heal the body with their mineral content, which creates a state of complete relaxation

CRYSTAL HEALING HOT STONE body therapy facial

60 min | IDR 970.000

75 min | IDR 1.000.000

East Asian bodywork and western scientific empirical data combine using these crystal stones to bring out a simple yet powerful healing treatment. The **crystals** are chosen for their different special properties to help enhance our bodywork and to facilitate energy movement between body, mind and spirit..

SPA MENU

ANMA – TRADITIONAL Japanese bodywork

75 min | IDR 1.000.000

Traditional Japanese bodywork/ massage is more than a massage for stress relief. It helps to balance and detoxify the body. During the massage, muscle toxicity is pushed out into the blood stream, but still remains in the body. Drinking water after the treatment will flush out the toxins to leave the body and blood stream healthy and clean.

COFFEE RITUAL for men

90 min | IDR 1.100.000

- Body Massage (Espresso massage oil)
- Body Scrub (Cappuccino body scrub)
- Shower (Mocaccino body wash)
- Latte Body Lotion
- Fresh coffee or herbal tea in “Bliss”

AFTER SUN SOOTHING ritual with Aloe Vera

90 min | IDR 1.100.000

- After-sun Soothing Bath
- After-sun Soothing Gel
- Fresh Facial with fresh cucumber slices and honey for face mask
- Cooling Shower with After-sun Shower Gel
- After-sun Soothing Body Lotion
- After-sun Soothing Body Mist
- A refreshing glass of Watermelon Juice

HONEY TREATMENT massage (per couple)

60 min | IDR 1.500.000

This sensual and exciting treatment is for couples to enjoy via a long stroke massage technique, combined with warm honey oil. Honey is a traditional and tropical supplement, which will help you sleep at the night while also stabilizing your blood pressure, sugar levels, relieve pain and calm your nerves. A wonderful romantic and blissful experience!

FACIAL TREATMENT

This Treatment cleanse and exfoliates with a mask, followed by a revitalizing neck, upper chest, shoulders, hand and feet.

TRADITIONAL facial

60 min | IDR 900.000

Custom-made Asian recipes with fresh ingredients to cleanse, refine, restore and re-hydrate your skin. Complemented with attention to the upper chest, neck, shoulder, hand and feet.

STEAMED RICE facial

60 min | IDR 1.000.000

Special mixture's from Spice Island's of Indonesia blend with other Asian remedies that moistens the skin to leave your skin younger, lighter and smoother. Complemented with attention to upper chest, neck - shoulder, hand and feet.

REJUVINATING Facial

75 min | IDR 1.300.000

This organic seaweed & avocado anti-aging facial is focusing to renew & hydrate your skin cells. The facial is applied with an acupressure massage on your face and will give your skin a new look of vitality and radiance. This treatment also includes a shoulder & upper chest massage.

Manicures & Pedicures are available upon request

PACKAGES

Our Culinary team will use their vast experience and knowledge to personalize 2 (two) courses of healthy dining options inclusive in the package prices below. These options are enjoyed in the spa area at the conclusion of your treatment and will be selected in accordance with the nature of the treatment. The duration of the packages below does not include the dining experience. Every treatment will begin with a glass of fresh juice and foot bath.

TRADITIONAL BALINESE treatment

130 min | IDR 1.800.000

- Traditional Body Massage
- Body Scrub (Traditional Lulur or Coconut scrub)
- Body Mask (Boreh body mask or Ginger Vanilla body mask)
- Jacuzzi & Body Cream

ZEN RITUAL for body & mind

120 min | IDR 1.700.000

- Hot Stone Massage with Green Tea massage oil
- Green Tea Body Mask
- Jacuzzi & Green Tea and Honey Moisturizing Cream

THE BALÉ REJUVENATION ritual

165 min | IDR 2.390.000

- Traditional Body Massage
- Coconut Seaweed Body Scrub
- Anti Aging Facial
- Jacuzzi & Marine Body Cream

EXOTIC FRUITS BODY treatment

130 min | IDR 1.800.000

- Hot Stone Body Massage with Fruits Body Oil
- Body Scrub with Seasonal Fresh Fruits
- Extract Fruits Body Mask
- Fruits Bath
- Jacuzzi & Extract Fruits Body Lotion

TROPICAL ROMANTIC ritual

Single 120 min | IDR 1.800.000

Couple 120 min | IDR 3.300.000

- Aromatherapy Body Massage
- Body Wash (Cananga Sandalwood or Cananga Geranium body wash)
- Scrub Gel
- Jacuzzi & Body Cream

HONEYMOON INDULGENCE package

Couple 180 min | IDR 4.800.000 per couple

- Honey Treatment massage
- Honey Body Scrub
- Romantic Bath or Jacuzzi
- Honey Facial

This package is our new ultimate couples treatment and is a genuine honey experience. A memory to enjoy and savour together!!